

quarters, heat and light, and at the end of the course, if he successfully passes an examination in the subjects taught at the school, he is commissioned an Assistant Surgeon in the Navy.

Full information with regard to the physical and professional examinations may be obtained by addressing the Surgeon General of the Navy, Navy Department, Washington, D. C.

NEW LICENTIATES.

Clapp, Gordon Adams; Crawford, James Porter. Downing, Samuel Robert.

Epsteen, Abelson.

Fox, Harry Whitfield; Friedman, Aaron; Fuller, Justin Keyser.

Gelston, Clain Fanning; Gilbert, Ramon Augustus.

Holzberg, Henry Leopold.

Jones, Robert Alton.

Kruse, Fred Herman.

Lyman, Timothy; Lynch, William Carston.

McCarthy, Francis Justin; Maxwell, Alice Free-land.

Pape, Ernest Howard; Parsons, Carl Gehr; Perry, Joseph Raymond.

Read, Jay Marion; Rehfish, John Morse; Robertson, Oswald Hope; Roger, Joseph Henry Denis.

Seaver, Homer Carlton; Smith, Elmer William;

Smith, Harry James; Smithwick, James Milton.

Welin, Albert Fabian; Wells, Clarence Edgar;

West, Howard Frank; Wetmore, Clyde Timothy;

Wilson, Lafayette J.; Wood, Lorin Francis, Jr.;

Wood, Walter Welcome; Woolsey, John Homer.

RACE BETTERMENT.

The second International Conference on Race Betterment, held August 4-8, was attended by a large number of men and women of scientific achievement. The Conference discussed race decadence, the possibilities of race improvement, and the agencies of race betterment.

Luther Burbank, the plant wizard, discussed "Evolution and Variation with the Fundamental Significance of Sex." Mr. Burbank said: "Abundant, well balanced nourishment and thorough culture of plants or animals will always produce good results in holding any species or variety up to its best hereditary possibilities, beyond which it cannot carry them, and lacking which, maximum development can never be realized. But a sharp line must always be drawn between the transient results, temporarily attained through favorable environment, and the permanent results of selection of the best individuals for continuing the race. Only by constant selection of the best can any race ever be improved."

Paul B. Popenoe, editor of the American Journal of Heredity, in discussing "The Natural Selection of Man" declared: "There are only two ways to improve the germinal character of the race, to better it in a fundamental and enduring manner. One is to kill off the weaklings born in each generation. That is Nature's way, the old method of natural selection which we are all agreed must be supplanted. When we abandon that, we have but one conceivable alternative, and that is to adopt some means by which fewer weaklings will be born in each generation. The only hope for permanent race betterment under social control is to substitute a selective birth-rate for Nature's death-rate. That means eugenics."

Dr. J. H. Kellogg, superintendent of the Battle Creek Sanitarium, proposed that the Conference institute a eugenics register which would undertake to register two classes of persons: "First, those who, on examination in relation to personal characteristics and family pedigree, are found to measure up to eugenic standards. Second, the children born of parents whose pedigree and physical characteristics conform to the required standards. Such a registry would be the beginning of a new and glorified human race which sometime, far

down in the future, will have so mastered the forces of nature that disease and degeneracy will have been eliminated. Hospitals and prisons will be no longer needed, and the golden age will have been restored as the crowning result of human achievement and obedience to biologic law."

Among the other speakers were Dr. David Starr Jordan of the Leland Stanford University; Dr. Ernest B. Hoag of the Los Angeles Juvenile Court; Edgar L. Hewitt, director of the United States Bureau of Ethnology; Prof. Irving Fisher, of Yale University, and many others of equal prominence in sociological and scientific circles.

The Conference was concluded with a Morality Masque, in which two hundred students of the University of California took part. This masque was a dramatic arraignment of disease and war.

SOCIAL SERVICE SCHOOL.

October 1915—June 1916.

(Maintained by San Francisco Polyclinic and Post Graduate College.—1535 Jackson Street.)

Course includes:

- (1) Practice work in clinics under direction, or work in organized groups.
- (2) Field work with responsibility for a few families and individuals.
- (3) Conferences on typical problems in case-work led by director of school and expert social workers.
- (4) Lectures on types of social work and theories of social reform by recognized sociologists.
- (5) Prescribed reading.
- (6) Surveys and reports on special problems.

This course is arranged in response to a demand for trained medical social-workers in hospitals and clinics, for public-health nurses, social investigators, church workers, girl-welfare workers and workers with families and children.

Morning conferences, Monday and Thursday at 11 o'clock.

Family Rehabilitation.

(Social study of cases supplemented by lectures on fundamentals.)

- 1—How to make a Social Diagnosis (in cases of family demoralization), Miss Mary Kidder, Supt. Associated Charities.
- 2—Types of Demoralized Families (principles and methods of treatment), Miss Katherine Felton, Secretary Associated Charities; Dr. Philip King Brown.
 - (a) Poverty—Removal of breadwinner; Unemployment; Unthrift.
 - (b) Sickness—Acute; Chronic; Physically handicapped; Medical-social machinery involved.
 - (c) Moral failure of parents—Desertion, Drunkenness; Failure to Provide; Degenerate Mother.
 - (d) Incurable Disabilities—Prescribing an Institution (see Child Problems 3).
- 3—Community Resources for the Demoralized Family.
 - (a) Our Benevolent Societies, Miss Mary Kidder.
 - (b) Our Church Societies, Miss Mary Kidder.
 - (c) Unions, Jas. W. Mullen, Editor Labor Clarion.
 - (d) Widows' Pensions, Miss Margaret Nesfield, Widows' Pension Bureau.
 - (e) Hospitals and Clinics, Miss Dorothy Meininger, Mt. Zion Hospital.
 - (f) Legal Phases, Charles de Young Elkus.
 - (g) Value of Neighborhood Work, Miss Elizabeth Ashe, Telegraph Hill Neighborhood House.

Child Problems.

- 1—Family Care of Children, Dr. Sanford Blum. Feeding; Hygiene of Childhood and Adolescence; Infant Mortality; Instructing Mothers.

- 2—Care of Children in Foster Homes, Miss Catherine Felton; O. K. Cushing.
Home-finding Societies; Test of a Good Foster Home; Foster Homes vs. Boarding Homes; Standardization.
- 3—Institutional Care of Children, Dr. Samuel Langer, Pacific Hebrew Orphanage.
(a) When to Prescribe an Institution; Test of a Good Institution; Dangers and Difficulties; "Institutionalism"; Study of a High Type; Study of an Inferior Type.
(b) Congregate System vs. Cottage System, Mrs. Douglas Lindley, Pres. Sacramento Orphanage; Mrs. F. M. Smith, Smith Cottages, Oakland.
(c) Standardization of Homes and Institutions, Rabbi Martin Meyer (Work of State Board Charities and Corrections).
- 4—Care of Delinquent Children, Dr. Millicent Cosgrave.
1—Diagnosis of Delinquency; Delinquency vs. Sex; Delinquency vs. Feeble-mindedness; Delinquency vs. Mal-adjustment to School, Work, Play, etc.
2—Probation System, Mrs. E. L. Baldwin, Chairman Probation Committee.
3—Reformatories—The Honor System; Making Punishment Educative, Sidney Gamble, Preston Republic.
- 5—The Unusual Child, Dr. V. H. Podstata, Livermore Sanitarium. Series of 4 lectures.
Evening Lectures, Friday Evenings beginning October 15th, at 8 o'clock.

Fundamentals of Family Welfare.

(To supplement conferences on Family Rehabilitation)

- 1—History of the Family as a Social Institution, Dr. Jessica Peixotto, University of California.
- 2—Development of Standards of Living, Dr. Jessica Peixotto. Historical and Economic Aspects; Basis of Sound Family Life.
- 3—Family Budgets, Dr. Jessica Peixotto.
- 4—Social Legislation and the Standard of Living, Prof. Carleton Parker, University of California.
- 5—Labor Unions and the Standard of Living, National Delegate American Federation of Labor.
- 6—Public Health and the Standard of Living, Prof. J. N. Force, University of California.
- 7—Public Health and the Tuberculosis Problem, Miss E. L. M. Tate, Secretary California Tuberculosis Society.
- 8—Social Insurance and Occupational Diseases, Harris Weinstock, Industrial Accident Board.
- 9—Unemployment and Out-of-Work Insurance, Prof. Carleton Parker.

Aims and Principles of Social Service.

- 1—Social Work—Palliative, Preventive or Constructive?—Dr. Henry B. Favill, Chicago. Evolution of Organized Charities; Treating Symptoms vs. Diagnosing Causes; Via Social Service to Social Justice.
- 2—Philosophy and Health, Prof. Arthur U. Pope, University of California.
- 3—The Goal of Social Effort, C. S. S. Dutton, Unitarian Church.
- 4—The Influence of Social Service, Dr. Philip King Brown. Working Toward Prison Reform; Care of Chronic and Handicapped Cases; Prevention of Progressive Decay.
- 5—Religion and Social Service, Rabbi Martin Meyer.

Economic Readjustments.

(Suggested by social work.)

- 1—Industrial Betterment—
(a) What the Industrial Relations Commission Hopes to Accomplish and How, Harris Weinstock.
(b) The Corporation's Part, C. B. Raymond, Sec'y, Goodrich Rubber Co., Akron, O.
(c) Unionizing the Working Girl, Miss Maud Younger.

- (d) The Minimum Wage Law, Mrs. Katherine Edson, State Industrial Commission.
- 2—Socialism—
(a) As a Philosophy, Prof. Arthur U. Pope.
(b) As an Economic Theory, Prof. Carleton Parker.
(c) As a Workable Program, Prof. Carleton Parker.

Unsolved Problems.

(From case records of social workers.)

- 1—The Unusual Child, Dr. V. H. Podstata, Livermore Sanitarium.
- 2—The Delinquent Girl—
(a) Types of Deficiency—mental and Moral; Arrested Development of Will-power, Emotional Control and Social Attitude, Dr. Olga Bridgeman, Juvenile Court.
(b) Rescues, Reformatories and Detention Homes, Dr. Louise Morrow, formerly Training School for Girls, Geneva, Ill.
(c) Intensive Case-work, Miss Jessica Beard, formerly Social Investigator N. Y. Probation and Protective Assn.
(d) Repression vs. Expression; Old vs. New Methods, Mrs. C. M. Weymann, Supt. Whittier.
- 3—The Unmarried Mother (to be announced). Re-education of Public Opinion.
- 4—The Dance-Hall Girl (Commonwealth Club Report), W. S. Woolner.
- 5—Mental Defectiveness, Prof. Lewis Terman, Stanford University.
- 6—Cheap Maternities and the Midwife, Dr. Adelaide Brown.
- 7—The Exposition Problem of Employment for Women, Mrs. Wm. P. Lucas; Miss T. Brookman, Y. W. C. A.
- 8—Mental Hygiene and After-care of the Insane, Dr. Eva C. Reid, Follow-up Worker for State.
- 9—Medical-Social Ethics—
(a) What is Sex Education and is it a Remedy? Dr. Julius Rosenstirn.
(b) Moral Training of the Sex Impulse, Prof. Chas. Rugh, University of California.
(c) Preventing bad breeding, Dr. Philip King Brown.
(d) Birth Control, Dr. Wm. P. Lucas, U. C. Medical School.
(e) Dangers in the Social Hygiene Movement, Father Ramm.

"A dispensary for the sick poor, a school for the instruction of physicians in general and special medical work and an organization for the promotion of social service."—Annual Report of S. F. Polyclinic.

The demands upon the lecturers in this course are such that occasional changes in the program may be unavoidable. Corrected announcements will be sent monthly to holders of course tickets.

Fee for the full course leading to a certificate—\$20 payable in two installments of \$10 each.

Fee for the Evening Lecture Course of 30 lectures, \$10—15 lectures, \$7.50.

Fee for Dr. Podstata lectures as a separate course, \$2.00.

NEW MEMBERS.

Rees, Clarence E., San Diego.
Dignan, H. H., San Francisco.
W. J. Stone, San Rafael.

DEATHS.

Ware, C. D., Bodie, Cal.
Maldonado, Albert; address unknown. (Died in San Francisco.)
Klonk, F. W., Oakland.
Graham, Loren Benj., Pacific Grove. (Died Aegean Sea.)
Beckwith, Edmund, Petaluma.
Parkman, W. E., San Jose.
Hews, Robt. H. (died in Long Beach).